

The Art of Humanbecoming

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Goal of the Discipline of Nursing	Contextual Situations	Nurse With Person*	Methodology	Documentation
<p>Quality of life as described by the person.*</p>	<p>Nurse with person* participating in person's home, healthcare centers, conference rooms, on walks, or on rides.</p> <p>All contexts in which structured and unstructured discussions arise in general or through: storytelling, gardening, listening to poetry, listening to music, viewing films, patterned moving, and imagining.</p>	<p>True presence emerges as nurse with person lives a special way of <i>being with</i> in which the nurse is attentive to changes in meaning while bearing witness to the person's own living of value priorities.</p> <p>Witnessing is beholding, an attending to with unconditional presence. It is a <i>dwelling with</i> incarnating availability. Witnessing is a non-intrusive gentle glimpsing in reaching beyond to honor the other as human dignity. The gentle glimpsing is a non-judgmental gaze embracing the other as a unique cocreation. Embracing is an unadorned intending acknowledging the significance of the other's choices; it is a standing with during a journey. Witnessing is living true presence.</p> <p>Coming-To-Be-Present requires preparation and attention</p>	<p>Illuminating meaning is explicating with remembering-prospecting. <i>Explicating</i> is making clear what is appearing now with the speech, silence, movement, and stillness of languaging.</p> <p>Synchronizing rhythms is dwelling with the humanuniverse pitch, yaw, and roll. <i>Dwelling with</i> is immersing with the flow of connecting-separating.</p> <p>Mobilizing transcendence is moving with the all-at-onceness of remembering-prospecting in the meaning moment <i>Moving with</i> is propelling with the envisioned possibles of transforming.</p>	<p>Personal Health Description</p> <p>The meaning of the situation, patterns with close others, and the hopes and wishes articulated by the person.*</p> <p>Patterns of Becoming</p> <p>Themes surfacing in discussion are paradoxical rhythms and guide nurse with person.</p> <p>Person's* Intents and Priorities</p> <p>Intents related to patterns of becoming are written specifically from the perspective of the person (including what the person desires from healthcare providers, and how it is being addressed).</p> <p>Description of Nurse with Person*</p> <p>The person's descriptions of the experience with the nurse are recorded. Recording may be done by the nurse or the person.</p>

* In this document, the term *person* refers to person/family/community